

Events of February 2014:

-February starts off with the Super Bowl XLVIII on Feb. 2nd.

-The 2014 Winter Olympics in Sochi, Russia begins on Feb. 7 and ends on Feb. 23.

-The 86th Annual Academy Awards, The Oscars 2014 has been moved to Sunday March 2, 2014.

Fun Facts about the Oscar Nominations:

-After being nominated for her role in August: Osage County, Meryl Streep has broken her own record for the most acting nominations. With 18 total nominations for best actress and best supporting actress, Streep is way ahead of her nearest competitor, Katharine Hepburn and Jack Nicholson, who have each received 12 nominations.

-Lupita Nyong'o (12 Years a Slave) and Barkhad Abdi (Captain Phillips) are both nominated for their first screen performances. Bob Nelson is nominated for his first screenplay, Nebraska.

-American Hustle is the 14th film to be nominated in all four acting categories.

-First-time nominees include; Matthew McConaughey and Jared Leto of Dallas Buyers Club, June Squibb of Nebraska, Chiwetel Ejiofor and Michael Fassbender of 12 Years a Slave, Sally Hawkins of Blue Jasmine, and The Wolf of Wall Street screenwriter Terence Winter, who also happens to be a creator of Boardwalk Empire.

-At 23, Jennifer Lawrence is the youngest person ever to earn a trio of Oscar nominations: for Winter's Bone, Silver Linings Playbook (she won best actress) and American Hustle.

Employee of the Month:

Ana Gutierrez



Ana Gutierrez is our employee of the month for February 2014. She's been working at Glen Park at Valley Village since December 5, 2007. She came to America in 1976 from Guatemala. Ana has three daughters; Marlet, Claudia and Leylany.

Ana has six grandchildren. She went to Elementary school in Guatemala. Then she went to fashion school and obtained a degree. Ana works as a waitress, and she always helps our residents in anything they need. She's a very compassionate individual. Congratulations Ana, keep up the hard work.

Glen-Park Senior Living relaunches their sister company "Glen-Park 24/7 Home Care," servicing all of Los Angeles County! Our premium home care company aids individuals to maintain their lifestyle and day to day activities with dignity in their own home. We offer non-medical tailored caregiving for any special needs, and encourage continuous independence for added years. Offering flexible services is our highest priority such as Concierge Services, Case Management, Medicine Management, Family Respite, Light Housekeeping, Transportation, & Companion Care. We are dedicated to exceeding your expectations and have been caring for loved ones since 1968. Please inquire at (888) 989-7388 for a free assessment.



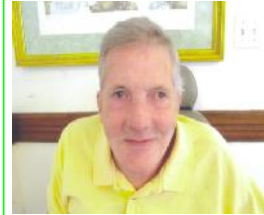
Glen Park Healthy Living at Valley Village

Serving the Community Since 1968

February 2014 / Valentine's Day

Resident of the Month

Richard Rome



Richard Rome is the resident of the month for February 2014. He's been living at Glen Park at Valley Village since February 04, 2013. He was born on February 13, 1952 in Los Angeles, California. Richard has two sisters; Amanda and Susan. Richard went to John Marshall High School in Silver Lake. He went to LA Trade Tech and graduated as an electrician, and he worked in Downtown

Electric. Here at Glen Park, Richard enjoys going shopping and socializing with the other residents and staff. He also enjoys participating in social holidays. Congratulations Richard for being elected as the resident of the month for February.

Snap Shots:



This Month's Highlights:

Feb. 8, 2014- Starbucks Coffee @ 9:30 a.m.

Feb. 12, 2014- Disneyland Grand Field Trip @ 9:00 a.m.

Feb. 14, 2014- Valentine's Day Party @ 2:00 p.m.

February Birthdays

Bennett Harvey 02/02
Richard Rome 02/13
Charles Degalan 02/19
Daniel Egan 02/19
Susan Stansauy 02/27

Featured Entertainment

Sonja Sargeant- Feb. 6th
Paul Farrow- Feb. 13th
Jet Richardo- Feb. 20th
Juno Rada- Feb. 27th

FEBRUARY 2014 - ACTIVITY CALENDER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Cooking Class with Maria 2:00 p.m.
2 Super Bowl XLVIII Party	3 Wii Basketball 2:00 p.m.	4 Movies Outing TBA	5 Crochet Club 2:00 p.m.	6 Entertainment 2:00 p.m.	7 Traveling Club: Honduras	8 Starbucks Coffee 9:30 p.m.
9 Table Games 2:00 p.m.	10 Table Games 2:00 p.m.	11 Bingo Bash @ 11:00 a.m.	12 Target Shopping 2:00 p.m.	13 Root Beer Floats 2:00 p.m.	14 Valentine's Day Party @ 2:00 p.m.	15 Cooking Class with Maria 2:00 p.m.
16 Wii Basketball 2:00 p.m.	17 President's Day Party 2:00 p.m.	18 Tea Party and Poetry 2:00 p.m.	19 Family Night Potluck 6:00 p.m.	20 Residents' Birthday Party+ Entertainment 2:00 p.m.	21 Traveling Club: Panama	22 Sing-a-long with Katherine 10:00 a.m.
23 Poker 2:00 p.m.	24 Mexican Flag Fiesta 2:00 p.m.	25 Popeye's Lunch Out 11:00 a.m.	26 Blue Jeans Party 2:00 p.m.	27 Entertainment 2:00 p.m.	28 French Fries Party 2:00 p.m.	



Sunday	Monday	Tuesday	Wednesday
9:00 Sit & Fit	9:00 Beginner's Yoga	9:00 Ball Exercise	9:00 Tai Chi Class
10:00 Current Events	10:00 Juice Break	10:00 Cookie Social	10:00 Fruit Break
10:30 Ring Toss	10:30 Ball Toss	10:30 Ball Toss	10:30 Trivia
11:00 Discovery Channel	11:00 Word Game	11:00 Music	11:00 Corner Reminiscing
12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
1:00 Table Games	1:00 Rummy Q	1:00 Rummy Q	1:00 Rummy Q
2:00 Rummy Q	2:00 Table Games	2:00 Movie Outing	2:00 Crochet Club
3:00 Dominoes Game	3:00 Dominoes Games	3:00 Dominoes Games	3:00 Dominoes Games
4:00 Channel 4 News	4:00 Channel 4 News	4:00 Channel 4 News	4:00 Channel 4 News
5:00 Dinner	5:00 Dinner	5:00 Dinner	5:00 Dinner

Thursday	Friday	Saturday
9:00 Light Kick Boxing	9:00 Sweat to Oldies	9:00 Morning Walk
10:00 Juice Break	10:00 Traveling Club	10:00 Fruit Break
10:30 Music Appreciation	10:30 Refreshments	10:30 Sing-A-Long
11:00 Music Social	11:00 Music	11:00 Name That Tune
12:00 Lunch	12:00 Lunch	12:00 Lunch
1:00 Rummy Q Games	1:00 Rummy Q	1:00 Rummy Q
2:00 Entertainment	2:00 In Home Movie	2:00 Cooking Class
3:00 Music	3:00 Popcorn Social	3:00 Social Group
4:00 Judge Judy	4:00 Judge Judy	4:00 Channel 4 News
5:00 Dinner	5:00 Dinner	5:00 Dinner

Notes: _____

