

Events of February 2014:

-February starts off with the Super Bowl XLVIII on Feb. 2nd.

-The 2014 Winter Olympics in Sochi, Russia begin on Feb. 7 and ends on Feb. 23.

-The 86th Annual Academy Awards, The Oscars 2014 has been moved to Sunday March 2, 2014.

Fun Facts about the Oscar Nominations:

-After being nominated for her role in August: Osage County, Meryl Streep has broken her own record for the most acting nominations. With 18 total nominations for best actress and best supporting actress, Streep is way ahead of her nearest competition, Katharine Hepburn and Jack Nicholson, who have each received 12 nominations.

-Lupita Nyong'o (12 Years a Slave) and Barkhad Abdi (Captain Phillips) are both nominated for their first screen performances. Bob Nelson is nominated for his first screenplay, Nebraska.

-American Hustle is the 14th film to be nominated in all four acting categories.

-First-time nominees include; Matthew McConaughey and Jared Leto of Dallas Buyers Club, June Squibb of Nebraska, Chiwetel Ejiofor and Michael Fassbender of 12 Years a Slave, Sally Hawkins of Blue Jasmine, and The Wolf of Wall Street screenwriter Terence Winter, who also happens to be a creator of Boardwalk Empire.

-At 23, Jennifer Lawrence is the youngest person ever to earn a trio of Oscar nominations: for Winter's Bone, Silver Linings Playbook (she won best actress) and American Hustle.

Employee of the Month:



Ana Gutierrez
Ana Gutierrez is our employee of the month for February 2014. She's been working at Glen Park at Valley Village since December 5, 2007. She came to America in 1976 from Guatemala. Ana has three daughters; Marlet, Claudia and Leylany. Ana has six grandchildren. She went to Elementary school in Guatemala. Then she went to fashion school and obtained a degree. Ana works as a waitress and she always helps our residents in anything they need. She's a very compassionate individual. Congratulations Ana, keep up the hard work.



Glen-Park Senior Living relaunches their sister company "Glen-Park 24/7 Home Care," servicing all of Los Angeles County! Our premium home care company aids individuals to maintain their lifestyle and day to day activities with dignity in their own home. We offer non-medical tailored caregiving for any special needs, and encourage continuous independence for added years. Offering flexible services is our highest priority such as Concierge Services, Case Management, Medicine Management, Family Respite, Light Housekeeping, Transportation, & Companion Care. We are dedicated to exceeding your expectations and have been caring for loved ones since 1968. Please inquire at (888) 989-7388 for a free assessment.

Glen Park Healthy Living at Monrovia

Serving the Community Since 1968

February 2014 / Valentine's Day

Resident of the Month



Ofelia Esparza

Ofelia Esparza is the resident of the month for February 2014. Ofelia's been living at Glen Park at Monrovia since May 2009. Ofelia was born in El Paso, Texas. After graduation, she worked for a cotton company, but she was eventually transferred to the Los Angeles branch. Later, she worked for the US Corps of Engineers until her retirement. Ofelia has always been very sociable, managing to make new friends in the most impromptu occasions. An avid traveler, she visited Mexico, Spain, France, Germany and England. Her travels also include visits to Yugoslavia, Greece, Japan and China. She has close family ties with her sisters; Raquel, Evangelina, Hortencia and with her brother-in-law, Claude and her niece, Micheline. Congratulations Ofelia for being elected as the resident of the month of February.

Snap Shots:



This Month's Highlights:

Feb. 2, 2014- Super Bowl Party @ 12:00 p.m.

Feb. 11, 2014- Bingo Bash @ 11:00 a.m.

Feb. 12, 2014- Disneyland Grand Field Trip @ 9:00 a.m.

Feb.13,2014- Valentine's Day Party

February Birthdays

No Birthdays this month

Featured Entertainment

Sonja Sargeant- Feb. 5th

Paul Farrow- Feb. 12th

Jet Richardo- Feb. 19th

Rafael Palomino-Feb. 26th

FEBRUARY 2014 - ACTIVITY CALENDER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Movie Time 2:00 p.m.
2 Super Bowl Party at 12:00 p.m.	3 Pasadena Music Therapy 10:00 a.m.	4 Pet Therapy 3:00 p.m.	5 Entertainment +Ice Cream Social 2:00 p.m.	6 Cooking Class at 2:00 p.m.	7 Marie Callender's Lunch Out 11:45 a.m.	8 National Girl Scout Cookie Day 2:00 p.m.
9 Catholic Church 10:00 a.m.	10 Pasadena Music Therapy 10:00 a.m.	11 Bingo Bash 11:00 a.m.	12 Disneyland Field Trip at 9:00 a.m.	13 Valentine's Day Party 2:00 p.m.	14 Lunch Outing 12:00 p.m.	15 Movie Time 2:00 p.m.
16 Catholic Church 10:00 a.m.	17 President's Day Party 2:00 p.m.	18 Tea Party and Poetry 2:00 p.m.	19 Entertainment +Ice Cream Social 2:00 p.m.	20 Pasadena Community Volunteers 3:00 p.m.	21 Applebee's Lunch Out 11:45 a.m.	22 Movie Time 2:00 p.m.
23 Catholic Church 10:00 a.m.	24 Mexican Flag Fiesta 2:00 p.m.	25 Pet Therapy 3:00 p.m.	26 Blue Jeans Party 2:00 p.m.	27 Cooking Class at 2:00 p.m.	28 French Fries Party 2:00 p.m.	



Sunday	Monday	Tuesday	Wednesday
9:00 Morning News 10:00 Exercise 10:30 Juice Social 12:00 Lunch 1:00 Movie Social 2:00 Snack Social 3:00 Memory Games 4:00 Arts & Crafts 5:00 Dinner	9:00 Tai Chi 10:00 Neighborhood Walk 10:30 Juice Social 11:00 Community Volunteers 12:00 Lunch 1:00 Social time 2:00 Cooking Club 3:00 Traveling Club 4:00 Bingo 5:00 Dinner	9:00 Music with exercise 10:00 Neighborhood Walk 10:30 Refreshments 11:00 Garden Stroll 12:00 Lunch 1:00 Social Time 2:00 Snack Social 3:00 Pet Therapy 4:00 Bingo 5:00 Dinner	9:00 Noodle Game 10:00 Neighborhood Walk 10:30 Pet Therapy 11:00 Church Service 12:00 Lunch 1:00 Social time 2:00 Entertainment 3:00 Ice Cream Social 4:00 Memory Time 5:00 Dinner

Thursday	Friday	Saturday	Notes: _____
9:00 Ball Exercise 10:00 Neighborhood Walk 10:30 Juice Social 11:00 Picture Postcard Memory 12:00 Lunch 1:00 Community Volunteers 2:00 Five Star Pastor 3:00 Community Volunteers 4:00 Bingo 5:00 Dinner	9:00 Tai Chi 10:00 Neighborhood Walk 10:30 Juice Social 12:00 Lunch Outing 1:00 Social Time 2:00 Movie Time 3:00 Snack Social 4:00 Bingo 5:00 Dinner	9:00 Morning News 10:00 Exercise 10:30 Juice Social 12:00 Lunch 1:00 Movie Social 2:00 Snack Social 3:00 Memory Games 4:00 Arts & Crafts 5:00 Dinner	_____ _____ _____ _____ _____