

Events of February 2014:

-February starts off with the Super Bowl XLVIII on Feb. 2nd.

-The 2014 Winter Olympics in Sochi, Russia begin on Feb. 7 and ends on Feb. 23.

-The 86th Annual Academy Awards, The Oscars 2014 has been moved to Sunday March 2, 2014.

Fun Facts about the Oscar Nominations:

-After being nominated for her role in August: Osage County, Meryl Streep has broken her own record for the most acting nominations. With 18 total nominations for best actress and best supporting actress, Streep is way ahead of her nearest competition, Katharine Hepburn and Jack Nicholson, who have each received 12 nominations.

-Lupita Nyong'o (12 Years a Slave) and Barkhad Abdi (Captain Phillips) are both nominated for their first screen performances. Bob Nelson is nominated for his first screenplay, Nebraska.

-American Hustle is the 14th film to be nominated in all four acting categories.

-First-time nominees include; Matthew McConaughey and Jared Leto of Dallas Buyers Club, June Squibb of Nebraska, Chiwetel Ejiofor and Michael Fassbender of 12 Years a Slave, Sally Hawkins of Blue Jasmine, and The Wolf of Wall Street screenwriter Terence Winter, who also happens to be a creator of Boardwalk Empire.

-At 23, Jennifer Lawrence is the youngest person ever to earn a trio of Oscar nominations: for Winter's Bone, Silver Linings Playbook (she won best actress) and American Hustle.

Employee of the Month:



Ana Gutierrez
Ana Gutierrez is our employee of the month for February 2014. She's been working at Glen Park at Valley Village since December 5, 2007. She came to America in 1976 from Guatemala. Ana has three daughters; Marlet,

Claudia and Leylany. Ana has six grandchildren. She went to Elementary school in Guatemala. Then she went to fashion school and obtained a degree. Ana works as a waitress and she always helps our residents in anything they need. She's a very compassionate individual. Congratulations Ana, keep up the hard work.

Glen-Park Senior Living relaunches their sister company "Glen-Park 24/7 Home Care," servicing all of Los Angeles County! Our premium home care company aids individuals to maintain their lifestyle and day to day activities with dignity in their own home. We offer non-medical tailored caregiving for any special needs, and encourage continuous independence for added years. Offering flexible services is our highest priority such as Concierge Services, Case Management, Medicine Management, Family Respite, Light Housekeeping, Transportation, & Companion Care. We are dedicated to exceeding your expectations and have been caring for loved ones since 1968. Please inquire at (888) 989-7388 for a free assessment.



Glen Park Healthy Living Serving the Community Since 1968 at Glendale-Mariposa St.

February 2014 / Valentine's Day

Resident of the Month

Shirley Walters



Shirley Walters is our resident of the month for February 2014. Shirley was born on March 2, 1930 in California. She has been living at Glen Park Healthy Living at Mariposa since February 1, 2013. Shirley received her Bachelor's degree in Psychology from the University of California in Irvine. Shirley worked in Orange County as a clinical Psychologist for more than 3 years. She has a PhD. in Psychology. Her hobbies are reading books, watching T.V. and singing. She is a pet lover and loves cats. Shirley participates in activities like the morning exercise, afternoon social and entertainment every Friday. We are honored to have Shirley Walters as part of our community and we wish her many more years. Congratulations Shirley on being elected as the resident of the month for February.

Snap Shots:



This Month's Highlights:

Feb.5, 2014- 99¢ Store Shopping @ 10:00 a.m.

Feb. 12, 2014- Disneyland Grand Field Trip @ 9:00 a.m.

Feb. 14,2014- Valentine's Day Party @ 2 p.m.

February Birthdays

Patsy Burnett 2/27
Robert Chrisinger 2/27
Lala Hacabians 2/27

Featured Entertainment

Sonja Sargeant 2/7
Paul Farrow 2/14
Jet Richardo 2/21
Juno Rada 2/28

FEBRUARY 2014 - ACTIVITY CALENDER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Bingo at 2:00 a.m.
2 Movie and Popcorn 1:00 p.m.	3 Piano with Mr. Yaussi 2:00 p.m.	4 Arts and Painting Class with Aja 2:00 p.m.	5 Residents' Birthday Party 3:00 p.m.	6 Horse Racing with Lorenzo 3:30 p.m.	7 Entertainment Sonja Sargeant 3:30 p.m.	8 Christian Fellowship with Brother Wayne
9 Movie Time 1:00 p.m.	10 Traveling Club 3:30 p.m.	11 Bingo Bash 11:00 a.m.	12 Disneyland Grand Field Trip 9:00 a.m.	13 Bible Study with Ed Kruise 11:00 a.m.	14 Valentine's Day Party 2:00 p.m.	15 Banana Milkshake social 3:00 p.m.
16 Bingo at 3:30 p.m.	17 President's Day Party 2:00 p.m.	18 Tea Party and Poetry 2:00 p.m.	19 Family Night Potluck 6:00 p.m.	20 Horse Racing with Lorenzo 3:30 p.m.	21 Sing-a-long with Filomena Entertainment 3:30 p.m.	22 Brain Exercise 3:30 p.m.
23 Movie Time 1:00 p.m.	24 Mexican Flag Fiesta 2:00 p.m.	25 Bible Study with Susie 10:00 a.m.	26 Blue Jeans Party 2:00 p.m.	27 Poker with Lorenzo 3:30 p.m.	28 French Fries Party 2:00 p.m.	



Sunday	Monday	Tuesday	Wednesday
9:00 News Watch 10:00 Juice Social 10:30 Exercise Sit & Fit 11:00 TV shows 12:00 Lunch 1:00 Netflix Movie 3:00 Afternoon Social 3:30 Bingo 5:00 Dinner	9:00 News Watch 10:00 Juice Social 10:30 Squeeze Ball Exercise 11:00 Park Walk 12:00 Lunch 1:00 Traveling Club 2:00 Piano with Yaussi 3:00 Afternoon Social 3:30 Memory Hour 5:00 Dinner	9:00 News Watch 10:00 Juice Social 10:30 Exercise Yoga 11:00 Park Walk 12:00 Lunch 1:30 Cooking Class 2:00 Bingo 3:00 Afternoon Social 3:30 Memory Hour 5:00 Dinner	9:00 News Watch 9:30 Holy Communion 10:00 Juice Social 10:30 Beginners Yoga 11:00 Massage Therapy 12:00 Lunch 1:00 Arts & Crafts 2:00 Memory Games 3:00 Afternoon Social 4:00 Ball Game 5:00 Dinner

Thursday	Friday	Saturday	Notes:
9:00 News Watch 10:00 Juice Social 10:30 Exercise-Kick Boxing 11:00 Bible Study 12:00 Lunch 1:00 Parachute Game 2:00 Bingo 3:00 Afternoon Social 3:30 Horse Racing Game 5:00 Dinner	9:00 News Watch 10:00 Juice Social 10:30 Zumba 11:00 Park Walk 12:00 Lunch 1:00 Sing-A-Long 2:30 Afternoon Social 3:00 Entertainment 4:00 Memory Games 5:00 Dinner	9:00 News Watch 10:00 Juice Social 10:30 Tai Chi 11:00 Massage Therapy 12:00 Lunch 1:00 Arts and Crafts 2:00 Bingo 3:00 Afternoon Social 4:00 Scrabble Games 5:00 Dinner	_____ _____ _____ _____ _____