

Highlights of February 2014:

-February starts off with the Super Bowl XLVIII on Feb. 2nd.

-The 2014 Winter Olympics in Sochi, Russia begin on Feb. 7 and ends on Feb. 23.

-The 86th Annual Academy Awards, The Oscars 2014 has been moved to Sunday March 2, 2014.

Fun Facts about the Oscar Nominations:

-After being nominated for her role in August: Osage County, Meryl Streep has broken her own record for the most acting nominations. With 18 total nominations for best actress and best supporting actress, Streep is way ahead of her nearest competition, Katharine Hepburn and Jack Nicholson, who have each received 12 nominations.

-Lupita Nyong'o (12 Years a Slave) and Barkhad Abdi (Captain Phillips) are both nominated for their first screen performances. Bob Nelson is nominated for his first screenplay, Nebraska.

-American Hustle is the 14th film to be nominated in all four acting categories.

-First-time nominees include; Matthew McConaughey and Jared Leto of Dallas Buyers Club, June Squibb of Nebraska, Chiwetel Ejiofor and Michael Fassbender of 12 Years a Slave, Sally Hawkins of Blue Jasmine, and The Wolf of Wall Street screenwriter Terence Winter, who also happens to be a creator of Boardwalk Empire.

-At 23, Jennifer Lawrence is the youngest person ever to earn a trio of Oscar nominations: for Winter's Bone, Silver Linings Playbook (she won best actress) and American Hustle.

Employee of the Month:



Ana Gutierrez
Ana Gutierrez is our employee of the month for February 2014. She's been working at Glen Park at Valley Village since December 5, 2007. She came to America in 1976 from Guatemala. Ana has three daughters; Marlet, Claudia and Leylany. Ana has six grandchildren. She went to Elementary school in Guatemala. Then she went to fashion school and obtained a degree. Ana works as a waitress and she always helps our residents in anything they need. She's a very compassionate individual. Congratulations Ana, keep up the hard work.

Glen-Park Senior Living relaunches their sister company "Glen-Park 24/7 Home Care," servicing all of Los Angeles County! Our premium home care company aids individuals to maintain their lifestyle and day to day activities with dignity in their own home. We offer non-medical tailored caregiving for any special needs, and encourage continuous independence for added years.

Offering flexible services is our highest priority such as Concierge Services, Case Management, Medicine Management, Family Respite, Light Housekeeping, Transportation, & Companion Care. We are dedicated to exceeding your expectations and have been caring for loved ones since 1968. Please inquire at (888) 989-7388 for a free assessment.



Glen Park Healthy Living at Glendale-Boynton St. Serving the Community Since 1968

February 2014/ Valentine's Day!

Resident of the Month

Julio Contreras



Julio Contreras is the resident of the month for February 2014. He has been at Glen Park Healthy Living since September 21, 2012. He was born in Mexicali, Mexico on January 09, 1957. He has 10 siblings; 5 brothers and 5 sisters. His brother comes on the weekends to take him on outings and spend the weekends at home. He enjoys assisting the activity director with decorating and games toss. Julio goes on park walks and field trips in the community. His favorite activity is singing the "Mexican National Anthem" with the microphone. He participates in the birthday celebrations, dancing, sing-a-longs, ball toss, drawing and many more activities that we offer. His favorite meal is chicken enchiladas. He loves horse riding. This was a regular activity him and his father did, before his father passed away. Julio is very loving and caring. His best friend is Lorik with who he often shares a laugh. The staff at Glen Park Boynton would like to congratulate Julio for being elected as the resident of the month for February 2014.

Snap Shots:



This Month's Highlights:

Feb. 8, 2014- Bob's Big Boy-Burbank @ 10:45 a.m.

Feb. 12, 2014- Disneyland Field Trip Wednesday @ 9:00 a.m.

Feb. 15, 2014- Americana Movie Outing- Glendale @ 10:45 a.m.

Feb. 17, 2014- 99¢ Store- Glendale @ 10:45 a.m.

February Birthdays

Martha Jelks 2/05
 Pamela Upton 2/08
 Helen Bircher 2/09
 Barbara Dorrington 2/09
 Mary Ella Garcia 2/16
 Marinelavena Guadalupe 2/25
 Pury Pino 2/22

Featured Entertainment

Sonja Sargeant- Feb. 7th
 Paul Farrow- Feb. 14th
 Jet Richardo- Feb 21st
 Juno Rada- Feb. 28th

FEBRUARY 2014 - ACTIVITY CALENDER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						"I Love Lucy" show @ 9:00 a.m.
2 Super Bowl Party 12:00 p.m.	3 Traveling Club 2:00 p.m.	4 Residents' Birthday Party 2:30 p.m.	5 Cooking Class with Dolores 2:30 p.m.	6 Bingo with Dolores 2:00 p.m.	7 Entertainment 2:00 p.m.	8 Bob's Big Boy @ 10:45 a.m.
9 Joel Olsteen Church Service 9:00 a.m.	10 Traveling Club 2:00 p.m.	11 Bingo Bash at 11:00 a.m.	12 Disneyland Grand Field Trip 9:00 a.m.	13 Chair Exercise 9:30 a.m.	14 Valentine's Day Party 2:00 p.m.	15 Americana Movie Outing 10:45 a.m.
16 700 Club 9:00 a.m.	17 President's Day Party 2:00 p.m.	18 Tea Party and Poetry 2:00 p.m.	19 Family Night Potluck 6:00 p.m.	20 Meditation Class 9:30 a.m.	21 Entertainment 2:00 p.m.	22 Bill Cosby Show 10:00 a.m.
23 Church Worship 9:00 a.m.	24 Mexican Flag Fiesta 2:00 p.m.	25 Oldies and Goodies 1:30 p.m.	26 Blue Jeans Party 2:00 p.m.	27 Brain Stimulation 9:30 a.m.	28 French Fries Party 2:00 p.m.	



Sunday	Monday	Tuesday	Wednesday
8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast
9:00 Church Broadcast	9:00 News Watch	9:00 Weather Channel	9:00 Morning News
10:00 Exercise	10:00 Exercise	9:30 Meditation	10:00 Exercise
11:00 Park Walk	10:30 Juice Social	10:00 Exercise	10:30 Juice Social
12:00 Lunch	11:00 Outdoor walk	10:30 Juice Social	11:00 Park Walk
1:00 Watching Movie	12:00 Lunch	11:00 Park Walk	12:00 Lunch
2:00 Traveling Club	1:00 Movie Time	12:00 Lunch	1:00 Quiet Time
3:00 Juice Social	2:00 Traveling Club	1:00 Listening to music	2:00 Cooking Class
4:00 Art & Crafts	3:00 Juice Social	2:00 Bingo	3:00 Juice Social
5:00 Dinner	5:00 Dinner	3:00 Juice Social	4:00 Arts & Crafts
		4:00 Arts & Crafts	5:00 Dinner
		5:00 Dinner	

Thursday	Friday	Saturday
8:00 Breakfast	8:00 Breakfast	8:00 Breakfast
10:00 Exercise	10:00 Exercise	10:00 Exercise
10:30 Juice Social	10:30 Juice Social	10:30 Juice Social
11:00 Park Walk	11:00 Park Walk	11:00 Park Walk
12:00 Lunch	12:00 Lunch	12:00 Lunch
1:00 Watching Movie	1:00 Singing With Humberto	1:00 Movie Time
2:00 Bingo with Humberto	2:00 Entertainment	2:00 Ring Toss
3:00 Juice Social	3:00 Juice Social	3:00 Snack Social
4:00 Art & Crafts	4:00 Art & Crafts	4:00 Art & Crafts
5:00 Dinner	5:00 Dinner	5:00 Dinner

Notes: _____
