



## Affordable Assisted Living

### *Let the dollars make sense!*

Your Mother and Father worked too hard . . . to see their life savings go to a nursing home! That doesn't make any sense. Glen-Park West Retirement Community offers Affordable Assisted Living... the New Residential Alternative to a nursing home. Why Glen-Park West?

### *Since 1968 . . .*

Glen-Park West Retirement Community has been providing quality care for residents who require various levels of assistance with the activities of daily living. Located centrally, in a quiet, residential, park-like setting in the beautiful and convenient city of Glendale, California. There are plenty of places to shop and eat The Glendale Galleria is located one mile North of Glen-Park; Griffith Park, one mile West. We provide outdoor excursions throughout Los Angeles. There's always something to do; or you can just find yourself a quiet spot to relax.

### *Independence . . .*

of the individual is emphasized . . . while at the same time providing as much assistance as needed to keep him/her remaining healthy and active. Activities (social groups, walking, outings, entertainment, etc.) which encourage continued social functioning are emphasized. Personal Care is approached from the standpoint of helping residents hold on to their independence for as long as possible.

## Life Style Options

### *Independent Living*

Now you can both be happier. Mom/Dad get the care and freedom they need without feeling like a burden on the children. The children get to raise their kids without the fear of something happening to Mom/Dad. A win-win situation for all.

### *Supportive Care . . .*

is what we call our Assisted Living Program. It's for when the time comes that Mom/Dad requires assistance with one or more of the following: bathing, dressing, grooming, toileting, ambulation, eating, or monitoring of medication intake. Supportive care is appropriate when the body requires a little help to remain nourished and active.

### *Vacation Plan for Care givers . . .*

is what we call our respite care program. It's when care givers go on vacation and leave the caring to us. We have the staff, the accommodations and the services to make Mom's/Dad's stay enjoyable and meaningful.

### *Our goal . . .*

is to support the independence of the person while providing as much assistance as needed to keep them healthy

### *Ancillary Services . . .*

offered include Home Health Nursing, Rehabilitation, Pharmacy, Medical Laboratory, X-rays, and Hospice, Psychological services, etc. At our weekly Case Management Meeting we assess residents' needs and coordinate care.

## Eight Levels of Care

### *Level 1 - Independent Living*

Resident requires no personal care

### *Level 2 - Medication Management*

Resident requires control of medication.

### *Level 3 - Personal Care Management*

Resident requires assistance with the activities of daily living.

### *Level 4- Incontinence Management*

Resident requires assistance with bladder and/or bowl incontinence.

### *Level 5 - Hospice*

Resident is terminally ill and under the auspices of a licensed hospice agency.

### *Level 6 - Memory Impairment Care*

Resident requires monitoring due to issues with Memory Impairment such as wandering and confusion.

### *Level 7 - Ambulation Management*

Resident requests 1 on 1 ambulation four times a week.

### *Level 8 - Companion Care*

One-on-One personal care and supervision.